

LIVING AN EXTRAORDINARY LIFE

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Harvard Business School Reunions

FINAL EXAM





FINAL EXAM

1. An extraordinary life?
2. A good steward?
3. A good community member?



HARD WORK

INTERLUDE I

What are 3 activities that are intrinsically joyful for you, that put you in a state of flow?

GOALS



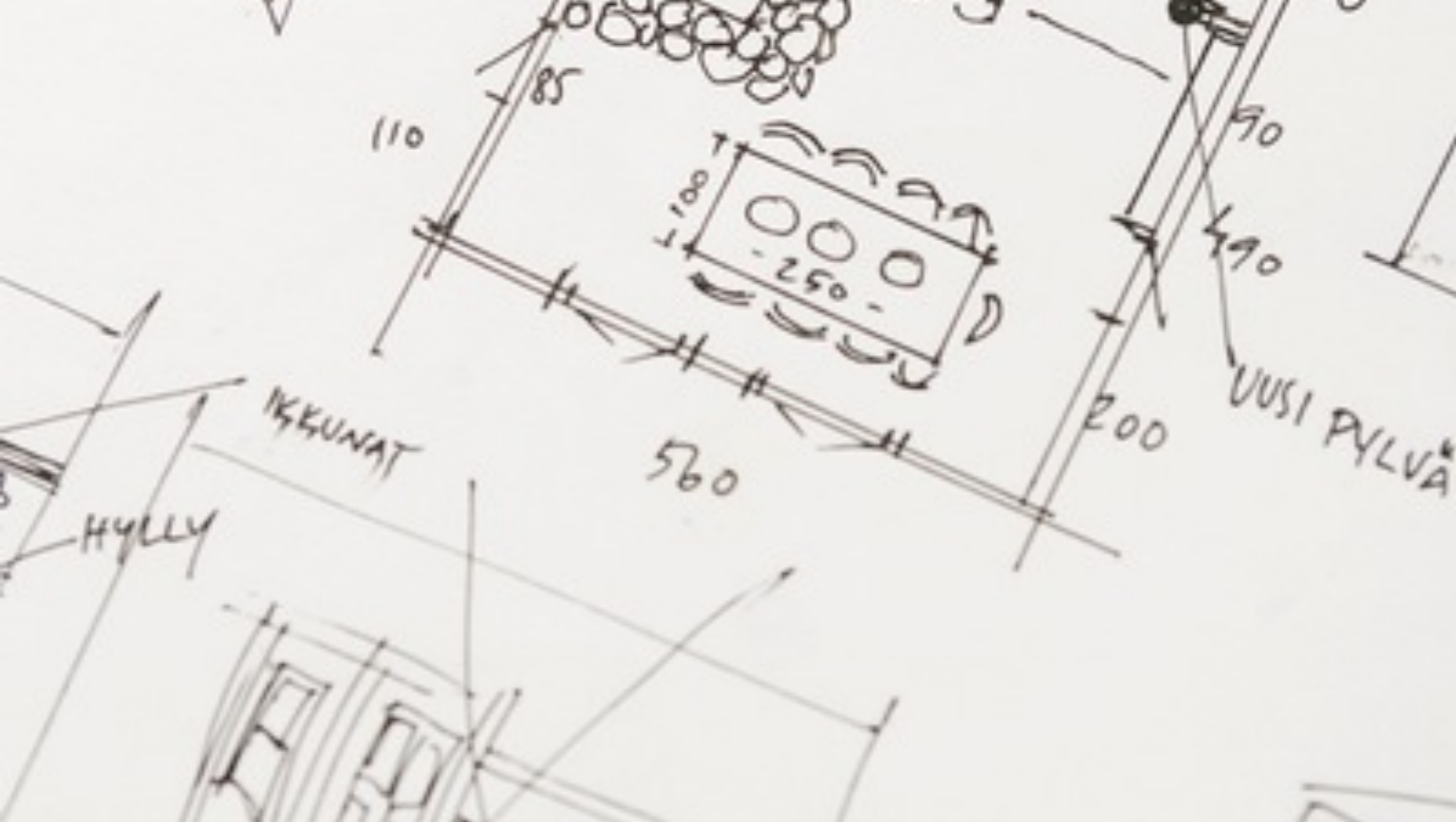
GOALS

+ |



INTERLUDE 2

What are 3 things that motivate you so much they get you to jump out of bed in the morning?



PLANNING

INTERLUDE 3

What are 3 skills or subject areas you don't know but would love to learn (maybe you've always been too busy to learn them)?



MARSHMALLOWS

INTERLUDE 4

Who are 3 (or more) people you want to spend time with in your work life?



TRAPPED!



SYSTEMS + HABITS + PEOPLE

Pursue Success



Pursue Fulfillment

THE FUNDAMENTAL HABIT

Pursue Success

Find Fulfillment

Don't





Pursue Fulfillment



Find Success



Don't



Pursue Success



Find Fulfillment



Don't

Pursue Fulfillment



Find Success



Don't



Pursue Success



Find Fulfillment



Don't

Pursue Fulfillment



Find Success



Don't



THE EXPERIMENT

THE HYPOTHESIS

- Pursue the Perfect 10
 - Choose a Journey, not Goals
 - Fun, Passion, Meaning first
 - No Hard Work
 - Luck: People, Places, Conversation
 - \$\$\$ is OK!
-

Leads to? Extraordinary Life + Making a Living

tre·pre·neur·ship (12)

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5. Wall Street Journal This Morn...
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9. Get-It-Done Guy's Quick and...
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Get-It-Done Guy's
9 Steps
to Work
Less
and Do
More

Take Action, Get Hired

Help a Friend Job Hunt



Getting HIRED requires
taking small ACTION daily,
with expert guidance, and a
network of friends.

[Learn more >](#)

Work Less
and Do
More: The
(Zombie)
Musical

PRODUCTION DRAFT
© 2009

THE RESULTS



Yes, it's real! Click here:

<http://kl9.biz/wldmpromo>

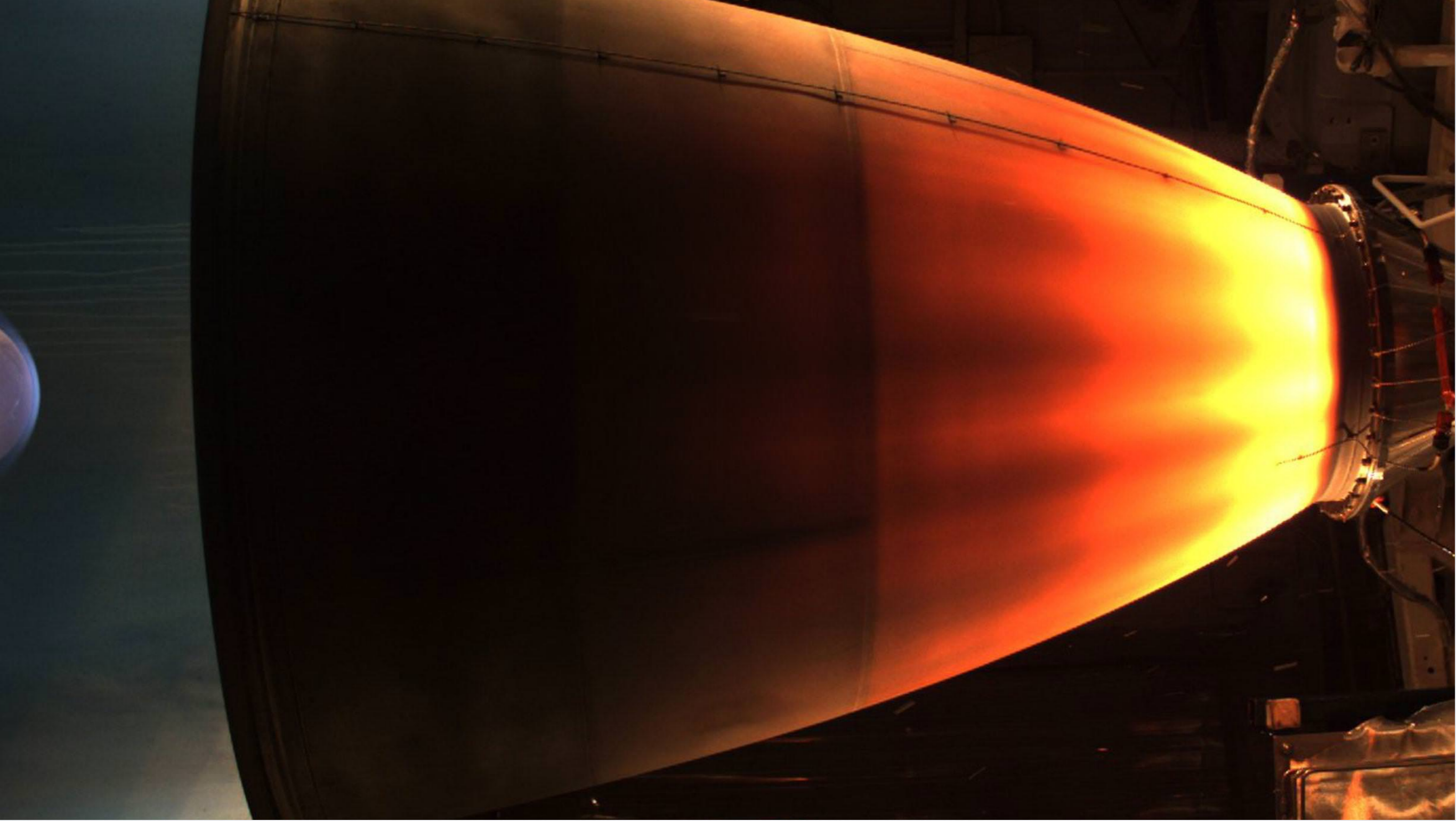
THE MUSICAL



EXPERIMENT + I



JUNE 17, 2014, 4 PM



GOALS ... ENERGIZE!!!!



GOALS 2.0

1. How do you want to spend your time?
2. What activities make you want to leap out of bed?
3. What do you want to learn?
4. Who do you want to be with?

Ideas

Unleashed



2015

EXERCISE

DIFFERENT LIVES

EXTRAORDINARY LIFE	CORPORATE LIFE
Where's my next \$?	Salary.
Uncertain career path	Career progression.
"No." Why? Who knows.	Qualifications/history count.
Can't control success.	My results control my destiny.
Anyone can tank a project.	Individual evaluation.
Project-based life.	Employment.
Security = Hustle-ability.	Security = Meeting expectations.




TAKEAWAYS

- 📌 Heart = Direction
- 📌 Head = Solver
- 📌 Create a Journey
- 📌 Be Pulled



TAKEAWAYS

- 📌 Fulfillment, then \$\$
- 📌 Luck: People, Places
- 📌 Don't be Lazy
- 📌 Experiment

Two hands are shown against a light blue background. The hand on the left is lower and more open, while the hand on the right is higher and more curled, as if reaching towards the other. Both hands are light-skinned. The right hand has a dark, textured bracelet on the wrist.

FINAL EXAM

I. Yes



THE JOURNEY IS THE REWARD

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